

The recent rain will help not just water tanks and gardens, but the native animals that have been seeking water for months. On Clean Up Day in March a koala crawled across DeMott's Road to a volunteer. It sat on the road and stared, then climbed a small tree and continued staring. After a phone call, Pat O'Shannessy brought a dish and water and Mr/Ms Koala drank its fill and, fully revived, scurried up a nearby tree and wasn't seen again.



Lunches for everyone

Each Wednesday, the community house welcomes local people to bring their lunch, either from home or bought from Anakie General Store, to enjoy over conversation and good company. Last month, we were very fortunate to have visitors from homes in various Geelong suburbs. The people were picked up and brought to Anakie by mini-bus by staff from Kalkee Community Services.



The Kalkee visitors will be back again on **10 July** and **21 August**. If you would like to join in to hear some fascinating life stories and meet new people, why not join in any Wednesday. If you need a ride, call the community house on **5284 1359** and we will arrange a personal chauffeur.

Anakie Advocate

June
2019

Anakie Community House 2115 Ballan Rd Anakie 3213
Mondays and Thursdays 9am to 5pm; Tuesdays 1 to 5pm;
Wednesdays 12 to 5pm during terms
phone/fax 5284 1359 email anakiehouse@ncable.net.au

May's special dinner guests



Last month, **Edith Minor, Olga Highstead** and **Sue Veal** were invited to dine at Anakie Community House. More 'chefs' are welcome to join this monthly activity or it may be that YOU get one of these months. See page 5 for details.

The **Anakie Advocate** is proudly printed by **John Eren, MP**.



Distribution: **Anakie, Balliang, Maude, She Oaks, Staughton Vale** and **Steiglitz**. Submissions for next issue must be submitted by **18 June**. Anakie & District Community Group has no affiliation with any political party.

Anakie and district church services



St Bridgid's Catholic Church: Ballan Rd Anakie. Mass times 11am **Sundays fortnightly.** ☎ 5286 1230

Anglican Church: St Georges, Balliang. Vicar: **Revd Richard Litjens.** Services: **2nd Sunday 10.30. Communion, 4th Sunday 9am morning prayer.** ☎ 5367 5362.

Uniting Church: Thelma Ross Memorial, Parwan Sth. **Diane** ☎ 5367 3097. Services suspended.

Lara Uniting Church: Cnr Flinders Avenue/Forrest Rd. Lutheran public divine service 3rd Sundays **1.30am.** ☎ 5278 2443.



wildlife shelter
Sandi Murdoch

CARE OF INJURED &

ORPHANED ANIMALS

5284 1380 all hours



Cubs for boys & girls aged 7-11 Scouts 11 - 15 years
meet **Wednesdays at**

Anakie Hall, Staughton Vale Rd
Ruth 0438 322 278



The **Geelong regional mobile library bus** visits Anakie fortnightly on **Tuesdays** from **2 - 4pm**
June dates: 4 and 18.

The *Anakie Advocate* is published monthly by **Anakie & District Community Group** (ABN 59 938 073 014; Inc. # A1477P).

Letters and articles must include names and addressed (these will be withheld upon request).

Submissions will be published in the next issue, space permitting.

advertising costs

(GST inclusive): full page \$35; ½ page \$20.00; ¼ page \$12; 1/8th page \$6.00.

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Advertising assist with publication costs.

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John Eren MP
STATE MEMBER FOR LARA

Supporting local
community
groups



■ Level 1, Corio Shopping Centre, Bacchus Marsh Road, Corio 3214.
■ p: (03) 5275 3898 f: (03) 5275 3472 ■ e: john.eren@parliament.vic.gov.au
■ John Eren - State Member for Lara ■ @johnerenmp

Anakie Tae Kwon Do

fun & fitness classes for all the family & all ages, teaching **effective street defence**, using **kick bags, focus pads & other equipment.**
Monday and Thursday 6.30-8pm,
655 De Motts Rd. Private lessons
available: **5284 1239**



Captain Ian Macdonald
ph: **0433 830 133**

Anakie Fire Brigade News

Secretary Gordon Hodges
ph: **0408 528 149**

Next training: **Sunday 2 June 9am.**
Prospective members welcome. We had a quiet month with 4 callouts: an unattended camp fire, a car fire and two false alarms. Neighbouring brigades were also relatively quiet, despite a 2 week extension of the fire season. Although we have had a little rain it is still quite dry in the bush. Thanks to Anakie and district area residents for vigilance during the fire danger period. We dodged another bullet with a few close calls that could have potentially turned catastrophic in the right conditions. Register burn-offs with Vicfire **1800 668 511**. Some property owners will start burning stubble paddocks, so if you see a paddock on fire "Asses don't Guess", before dialling 000. We have held office bearer elections: Captain David Walter; 1st Lieutenant Adam Jones; 2nd Lt. Paul Moore; 3rd Lt. Pat Carroll; 4th Lt. Kate Couch; 5th Lt. Matt Primmer; Secretary Carol Brislane; Treasurer John Mangrum; Comms Officer Jackie Primmer; President Neil Giacometti; Community Safety Carol Brislane; OH&S Co-ordinator Russell Burns. Positions

take effect on 1 July for 2 years. We thank all past officers and position holders for their time and commitment the past 2 years, especially Captain Ian Macdonald for filling the Captain role - as most people know, it is a thankless position.

On Community Day, we held our annual BBQ at the community house. It was well attended. Thanks for community support over the years. We displayed our new "ezy up", bought by donations like the BBQ. It passed with flying colours, being put up within minutes, unlike last year's effort.. (snicker) 😊 If you see any suspicious activity, whether fire or criminal, call triple zero - (000) or crime stoppers on 1800 333 000. **Smoke detectors save lives - check your smoke detectors are in working order.** You can follow the brigade on Facebook "Anakie Fire Brigade". You can also follow CFA & SES activity on <https://emergency.vic.gov.au/>

Fires can happen at ALL times of year, in all environments, so be prepared, be safe, have a fire plan

Paul Moore 4th Lieutenant

June radio checks @ 8.30am - all vehicles are to be functionally checked and run approx. 30 klms per week. If you cannot fulfill the roster, please find a replacement.

	Tanker 1	Tanker 2	FCV	Ultra Light	Station
2-Jun	A.Jones	M.Lawrence	S.Hill	R.Hodges	A.Tucker
9-Jun	P.Carroll	N.Giacometti	S.Macdonald	L.Hodges	D.Herholdt
16-Jun	M.Primmer	G.Hodges	J.Mangrum	J.Primmer	S.Downton
23-Jun	I.Macdonald	J.Sanders	R.Burns	C.Brislane	G.Giacometti
30-Jun	D.Walter	C.Watts	N.Loazar	K.Couch	B.Herholdt
7-Jul	P.Moore	A.Jones	R.Hodges	T.Battle	C.Ellery



Ten years *in the community*

Lara District **Community Bank**® Branch has now been part of your community for ten years and, as promised, we continue to provide more than just quality banking services.

As well as creating employment opportunities for local people, we've kept much needed capital in the community. So far we've contributed more than \$850,000 in grants and sponsorships to support local projects, groups and initiatives.

Our Board and Staff would like to thank our customers and shareholders for making our first ten years a success.

Drop into the branch on Saturday 29 June and be a part of the celebration. 5 Waverley Road, Lara or phone 5282 6430 to find out more.

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Condolences

Paul Mitchell and family, on the very sad loss of your wife, **Trudy**.

A wonderful friend and volunteer to many people and groups at Meredith and a valued participant of Anakie art group. Trudy will be hugely missed.

Congratulations

Skye and Brent Bound on your recent marriage.



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Anakie Hall - for hire

Full hall or supper room. Kitchen, round tables, trestles, chairs, crockery, cutlery to 150 places

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community house - 5284 1359

Ray 84 1212 or 0408 528 412

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Staughton Vale area



Coming this Spring!
Wedding/Bridesmaid/

Debutant dresses

**Display; Sell; Buy;
Come & View**

On a **Saturday** - date to be confirmed.

Get them out of storage and contact the community house to be part of this event. We hope to have dresses from various eras.

Watch this space





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Health News & More...

Ingrown toenails: Onychocryptosis) when nails grow into the skin edges of the toe. Ingrown toenails can occur in any nail but it is predominately a condition of the big toe.

Symptoms: inflammation & redness ++, increased pain ++, bleeding, pus formation, overgrowth of skin around the nail edges, inability to wear normal shoes & socks, difficulty walking.

Cause: poor toenail cutting technique, thickened, irregular, curved toenails, incorrectly fitted shoes or tight socks that exert pressure on the toes, injuries to toenails, altered gait which puts pressure on toes, poor foot hygiene, family history.

Treatments: trim toenails straight across, wash the feet daily and dry thoroughly, If feet sweat excessively wear absorbent shoe inserts and if necessary change socks frequently throughout the day, Wear well fitted comfortable footwear, treat altered gait or foot abnormalities with orthotics, special shoes etc. See your GP for any and all foot infections.

E: carole@anakienaturaltherapies.com.au

Be well and create your happiness..!!

Get your days back!



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Let's cook!

Here's how it works
- anyone interested in making a meal to share with local people who live alone is invited to come on the third Monday of any month (it doesn't have to be every time), prepare a meal and stay to dine at 5.30pm with fellow 'cooks' and guests. Utensils, condiments, oven, microwave, available. \$2. **Monday 17 June.** BYO ingredients & dish, electric frypan etc. Start preparation at **3pm.** *Enjoy a shared meal in great company.*



Movie time

They Shall Not Grow Old is a brilliant documentary about the First World War created by restoring black & white film to colour. Dialogue taped by ex-servicemen in the 1960s has been re-enhanced and the realities of war are brought vividly to life. Two viewings: **Thursday 13** at **10am**, after which you can discuss the film over lunch (BYO or buy from shop) or **Thursday 20** at **2pm.** \$2, includes 'kiosk' treats. Booking appreciated.



Pizza Night

The under 36s had a turn last year, now the over 36s are invited. Starters, mains and sweets, all in the form of pizzas! This is a social evening for adults, so no children this time. Some fun games will follow the meal. Book a place early, as they are very limited. To be held on a **Friday evening** in **July** (date to be confirmed) at **6pm.** This is a **free event.**



Rose pruning

Join **Pauline** to help with this annual gardening chore at the community house. BYO



secateurs - most of the roses are old varieties, so it is quite easy to take cuttings if so desired. Enjoy afternoon tea afterwards. **Monday 22 July** at **2pm.**

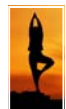
All help greatly appreciated.

Indoor Playgroup

Mondays 9.15-noon
A fun, welcoming place for littlies to learn to socialise & share and a catch-up time for parents. Perfect lead-in to 3 & 4 year old group. Babies, toddlers, pre-schoolers welcome.

Anakie Advocate

Thanks Pauline, Judy & Peter for recent help - can you assist? Last Monday of month **Monday 24 June @ 1pm.**



Yoga -Tuesdays 9 - 10.30am

As we go to print, there is one place available for the rest of this term, but please ring to confirm it is has not been taken.

A(nakie) A(rt) A(cademy)

Tuesdays @ 1.30pm.

Bring materials and be inspired and encouraged by fellow artists. \$2 weekly.



Remedial myotherapy massage

12 June. Book early to get in! Free childminding is available, if **pre-booked.**

Facilitator: **Sandi.**

Unfinished/Finished Objects

1st & 3rd Wednesday at 1.30pm Sew, knit, paint, chat. \$2. **5 & 19 June.**



Community lunches Wednesdays at 12.30pm. BYO or buy from Anakie shop. Cuppa and chin-wag provided!

Hello Mondays 10.30 to 11.30am



Call in and have a chat; meet new people and find out what is going on in your local community.

Hairdressing - Tuesdays

Ladies **cut/blow-dry** or **shampoo/set \$30, foils & perms available**; men: \$20; students \$10; toddlers: \$10. Lovely



Darlene will make you a new person! Book early - **5284 1359.**

3 & 4 year-old activity group

Tuesdays 11am - 1pm

Great opportunity for children to mix with future peers at Anakie school.



group fitness classes

Wednesdays @ 6pm

Have a laugh as you work out! Trainer **Kevin** will help you find muscles you didn't know you had!



BINGO									
4	27	32	55	73					
15	25	41	58	75					
8	26	0	59	70					
7	22	33	54	62					
13	17	43	48	67					

last Wednesday of month @ 1.30pm
26 June.

Caller: Mickey Duck.

Indoor bowls - Anakie Hall

first Thursdays @ 10am

\$5 with a cuppa. Come & give it a go. Gals and guys welcome. **6 June** and **4 July.**



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Anakie Community Garden gardening activities/visits on 1st Monday month 9.30-11.30am @ Anakie



Community Depot Ballan Rd.
All welcome.

anakiecommunitygarden.wordpress.com

Helena 5284 1363

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**Anakie rainfall for
April
as recorded by
Cambria
Parkinson**

Total rainfall:
26.5 ml

Days of rain: 8

Rainfall to end of March: **70.0**



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was only open for inspection on the
one occasion, multiple offers were
made and one accepted in one
week, which was a great result for
us.

Mario & Jean

Scrabble

Last Thursday of the
month @ **1pm** or
start with BYO lunch at **noon**.
Keep your brain ticking over.
\$2 with afternoon tea.
Thursday 27 June.



book group

Discuss books, movies,
current affairs. Men &
women welcome.

Thursday 20 June.

Facilitator: **Olga.**

Fridays @ 9.15am

Stretch without
strain. For more
details call tutor

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Books and DVDs

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Thursday lunches

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at **noon**. BYO lunch &
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foot care

Thursdays 6 weekly

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27 June/8 August.

5284 1359. Nurse: Carole.



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Recycle/donate

Aluminium cans,
batteries, egg cartons.

For third world countries:
used **mobile phones**,
and **spectacles**.

Leave at community house.

Get a **free** water bottle
and top up whenever
you visit **Anakie
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Free lending library




Legacy of **Diane Gagger**
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Anakie Football & Netball Club - Friday night dinners
first Friday of the month from 6pm
Great home-style meals & prices

7 June & 5 July

More information
5284 1414 club

AIKI JUJUTSU

A not-for-profit organisation established in order to practice this traditional Japanese martial art.

Dojo location: 2310 Ballan Rd.

Classes every Thursday
excluding public & school holidays

Junior classes: 5:30 - 6:30pm

Adult classes: 7:00 - 8:30pm

Free trial classes available

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'Creators & Craft' markets

Bannockburn

Sundays 25 August &

24 November

ccbanno@bigpond.com

Noeline 0427 923 934



Local organisations contact details

Anakie CFA contact person

Anakie Football & Netball Club

Anakie Community House

Anakie General Store/Post Office

Anakie Primary School

Balliang District Rural Fire Brigade

Balliang Memorial Hall

David Walter 0401 956 683

President: Heath 0418 138 112

coordinator Heather 5284 1359

Prop Ruby/Andrew 52841 177

Secretary: Karen 5284 1291

Captain Andrew 0419 186 955

Chairman Steve 0400 419 024



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